# STRATFORD HILLS FARM AND LIVERY HILLS FARM, STRATFORD ST MARY, COLCHESTER, ESSEX, CO7 6PA 01206 322494 (OFFICE) MOBILE 07979 237868 (MANAGER) OR 07926 076851 (staff phone - 8am to 5pm)

## RULES AND REGULATIONS FOR USING TRACKS AT STRATFORD HILLS

# PLEASE TAKE CARE

Authority to ride the tracks is immediately withdrawn to any rider who fails to conform with these rules and regulations

1/ All riders **MUST** wear **protective skull caps and body protectors** that comply with up to date regulations. Suitable footwear with defined heels are also required to be worn and other appropriate clothing such as long sleeves is advised.

2/ You must be in control of your horse at all times.

3/ When using the tracks please carry a mobile telephone for use in an emergency. The following numbers are required to be taken with you (a list of these numbers are provided for you to take)

#### **EMERGENCY SERVICES: 999**

OS REFS for Emergency Services : Farm Entrance TM 0568 3584 : Landing field TM 0498 3568 FARM CONTACT:

07926 076851 (Livery Yard – only available between 8am & 5pm) or 01206 322494 (office) 07979 237868 (Farm Manager)

If these numbers are not obtainable, in an emergency: 07770 571620 LOCAL VETERINARY SURGEON: PATON & LEE 01376 513369

- 4/ Please inform a member of staff at the yard or contact Janet Dennis if there are any safety hazards we should be aware of.
- 5/ Lockett Farms will not accept any responsibility for loss or damage to vehicles whilst parked at this site or to any other personal belongings brought to the site whilst using the facilities. All persons come to this site and ride entirely at their own risk.
- 6/ All persons using the cross country course must have their own insurance.
- 7/ There is a public footpath along the main track through the farm. It comes up directly through the cross country course, running alongside the second field of the course & the start/stop field. It then splits, one path turning left at the head of the start/stop field and continuing down the back of that field. The other one continuing on the main track towards the pavilion and livery yard.

### PLEASE BE AWARE AND WATCH FOR WALKERS AND DOGS

All riders are to familiarise themselves with the tracks prior to use.

- 8/ Reporting of accidents. Please advise a member of staff on your return of any accident/near accident/potential accident.
- 9/ No motor vehicles are allowed on the course without prior permission.
- 10/ Please respect riders and other visitors using the facilities at Stratford Hills at all times
- 11/ Please do not use fields where sheep are present or where hay is being grown. Please only use field margins where crops are being grown
- 11/ Please respect this environment by not dropping litter or causing any other environmental damage
- 12/ Annual holders: when using the tracks, please ensure your pass is prominantly displayed.

We hope you enjoy your visit and look forward to seeing you again soon.

Name	signed	date
I acknowledge I have read the above terms and conditions and agree to comply with them whilst using the facilities at Stratford Hills		