

STRATFORD HILLS LIVERY YARD AND CROSS COUNTRY

HILLS FARM, STRATFORD ST MARY, COLCHESTER, ESSEX, CO7 6PA
01206 322494 (OFFICE) MOBILE 07979 237868 (MANAGER)
OR 07926 076851 (staff phone - 8am to 5pm)

RULES AND REGULATIONS FOR CROSS COUNTRY COURSE AT STRATFORD HILLS

PLEASE TAKE CARE

- 1/ All riders **MUST** wear **protective skull caps** in accordance with current riding hat instruction published by British Eventing. **Body protectors MUST** be worn at all times when on the cross country course. These should be up to the current British Eventing standard, long sleeves are advised and boots with a small heel should be worn.
- 2/ You should only attempt fences which are within the horse and riders capability and you must be in control of your horse at all times.
- 3/ All persons using the cross country course should be accompanied. **DO NOT USE THE COURSE ALONE**. Children must always be accompanied by an adult.
- 4/ When using the cross country at least one person should carry a mobile telephone for use in an emergency. The following numbers are required to be taken with you (a list of these numbers are provided for you to take)

EMERGENCY SERVICES: 999

OS REFS for Emergency Services : Farm Entrance TM 0568 3584 : Landing field TM 0498 3568

FARM CONTACT:

07926 076851 (Livery Yard – only available between 8am & 5pm) or 01206 322494 (office)

07979 237868 (Farm Manager)

If these numbers are not obtainable, in an emergency : 07770 571620

LOCAL VETERINARY SURGEON: PATON & LEE 01376 513369

- 5/ Please inform a member of staff at the yard of any breakages or damaged/broken fences on your return.
- 6/ Lockett Farms will not accept any responsibility for loss or damage whilst at this site. All persons ride entirely at their own risk.
- 7/ All persons using the cross country course are advised to have their own insurance.
- 8/ There is a **public footpath** along the main track through the farm. It comes up directly through the cross country course, running alongside the second field of the course & the start/stop field. It then splits, one path turning left at the head of the start/stop field and continuing down the back of that field. The other one continuing on the main track towards the pavilion and livery yard.

PLEASE BE AWARE AND WATCH FOR WALKERS AND DOGS

- 9/ Reporting of accidents. Please advise a member of staff on your return of any accident/near accident/potential accident.
- 10/ No motor vehicles are allowed on the course without prior permission.
- 11/ Riders under 13 are not allowed on the course.
- 12/ Please respect the environment and take all litter home with you.

WHILST USING THE COURSE PLEASE BE CONSIDERATE TO OTHERS AT ALL TIMES

We hope you enjoy your visit and we look forward to seeing you again shortly.

I have read and understand the rules and regulations and agree to comply with them whilst using the facilities at Stratford Hills.

Name

Signature.....

Date.....